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Italian Moms: Spreading Their Art To Every Table: Classic Homestyle Italian Recipes



Synopsis

Tried-and-true Italian food from a mom who knows what it means to cook from the heart. Prepare delicious Italian food for the people you love! In her debut cookbook, Elisa Costantini gathers recipes for the authentic dishes she has made for her own family and friends for years. These are meals that Elisa learned to cook as a child at home in the town of Abruzzo, and they range from Caprese Salad and Eggplant Mini Meatballs to Timballo, Scrippelle Mbuse, Braciole, and classic desserts like biscotti and Nutella Tart.

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Customer Reviews

These are the kind of meals that chefs live for, the recipes and flavors that first awakened their love of food. You follow these recipes to create more than a meal, you follow them to recreate memories through flavor. -- Chef Michael Favacchia "Marly's of Phoenixville, Pennsylvania, winner of the Best of Main Line Award." --This text refers to the Paperback edition.

As a wife, mother, and grandmother, as well as housekeeper and cook for those with special needs, Elisa Costantini has spent her life serving up delicious Italian meals. Leaving Italy at the age of twenty-three, she moved to Philadelphia with her husband and young daughter. Once there, she established herself in her neighborhood and community as a wonderful neighbor, parishioner, friend...and a terrific cook of homemade Italian specialties. In her debut cookbook, Costantini collects her tried-and-true recipes for Italian favorites in one place, sharing them with anyone who

has an interest in making phenomenal meals for the people they love. She includes easy-to-follow recipes for all the Italian classics, including antipasto, pasta, breads, pizza, main dishes, and desserts. And unlike many fussy, complicated recipes that rely on specialized ingredients and techniques, Costantini's rustic, authentic recipes call for only fresh, simple ingredients available at local markets. Her clear writing allows even novice cooks to bring the old-world charm of the Italian countryside to their home dining room tables. --This text refers to the Paperback edition.

This is the best Italian cookbook I have seen published. It's the real deal and has authentic dishes that would not be found in present day Italian restaurants. The incredible recipes are exactly what my grandmother made and a lot of those recipes have been lost because they were never documented. Elisa's life story is also part of the book and provides context about her struggles and how she sustained through bad times. Her personal story provides a nice touch that aligns with her recipes through the book. it's always great to see an amazing book coming from my hometown too. Thanks Elisa for publishing the book!

I saw this lady on Rachel Ray and decided to buy her cookbook. It is written in the same manner that she speaks! The recipes are wonderful, not "odd" like some cookbooks can be. If you want a real Italian cookbook, this is the one to buy!!

Loving this cookbook! Reminds me of my mother.

Loved this very much! I can't wait to make tons of recipes from this book for my Italian husband!

The greatest home made recipes for Italian cooking I have ever read and made. The food is tasty with common products and a lot of flavor.

Loved loved Italian Moms!!! My Grandfather was also from Abuzzo Italy so I really enjoyed reading about Elisa's childhood. The recipes are Wonderful and the story of how the book came to be was so inspiring. Thank you for having the passion and dream to make this book...p.s I also have a Chitarra pasta maker that she features in the book and have never found a cookbook with it in there. Thank you Elisa!!!!

if you want to cook basic italian recipes this is a great bookall the recipes an italian should know and

havevery authentic but easylove it and refer to it all the time

Beautiful book, sprinkled with stories, pictures & great recipes...Thank You

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